

The Light Leeds



The Light, The Headrow
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The Light, LeedsThe Light boasts a wide selection of places to eat and drink, from stylish dining haunts such as Browns, Zizzi, Prezzo, Miller & Carter and Frankie and Benny's through to cool lunch time favourites including; Nando's, Greggs, Bagel Nash and Barburrito.For all you coffee addicts, experience the authenticity of a real Italian coffee at La Bottega or the well-known favourite of Starbucks.The Light is also home to Vue Cinema, so why not catch a movie and a bite to eat at the same time?With the likes of Ark, Dolls Boutique, Music Room and Fabrication, we've got an attractive balance of independent and high street retailers for you to enjoy.What's more, we have a Radisson Blu 4 star hotel, a Virgin Active health & fitness club, Predator Nutrition, Allertons Hair and Bauty Salon, Hanalee salon, One Medical GP surgery and one of the Leeds' safest car parks - Q Parks... all under one roof!We very much look forward to seeing you here and hope you enjoy your visit. Some of the Services we Offer Include:Conference Facilities Leeds • Conference Services Leeds • Venue Hire Leeds • Cinemas Leeds • Meeting Rooms Leeds • Shopping Centre Leeds

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